

TEETER TALES



The official newsletter of Kruisin' Kanines

www.kruisinkanines.com

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Excessive Heat Warning!

Signs that Your Pet is Overheating

With the heat index already unbearable, it's time to remind our dog-owner friends that dogs tend to overheat faster than we do, and to realize what affect it has on their pets. Here are some of the signs of heat stress or heat-stroke, and tips on how to treat them. Knowing what to do if a dog becomes overheated, and taking immediate action, might save his or her life.



What is Heatstroke?

Because dogs do not sweat, they rely on respiration, such as panting, to regulate body temperature. If respiration fails to clear heat quickly enough, heatstroke may occur.

Signs of heatstroke may include: hyperventilation; excessive panting; dry, pale gums; increased salivation; erratic or rapid pulse; confusion; weakness; diarrhea; vomiting; glazed eyes; staggering; excessive drooling; unconsciousness. If overheating is not eliminated, breathing will become very slow, or stop, which can lead to seizures, coma, and death.

Prevention

Avoid leaving your dog in direct sunlight. Make sure he or she has access to a shaded, breezy spot and cool drinking water. Do not push a dog to play or work hard in the heat, and take plenty of

lengthy breaks. Elderly, obese, or dogs that have heart disease or seizure disorders have a lower tolerance for high temperatures. Remember that short-snouted dogs don't pant as efficiently as other breeds and tend to exhibit heatstroke or exhaustion sooner. Have dogs with longer hair groomed appropriately for the season.

Treating Heatstroke

Obviously, overheating can be life-threatening if not treated immediately. Catching the early signs of heat exhaustion can reduce the chances of heatstroke and cardiac arrest.

1. In addition to the symptoms listed above, watch for: extreme thirst; a bright red, purple or blue tongue; skin around the muzzle or neck that doesn't snap back when pinched; thickened saliva; bloody diarrhea. If you observe any of these signs, immediately get your pet to a cooler area, preferably with air conditioning or a fan.

2. Take the dog's temperature with a rectal thermometer (and do not let go of it!). Normal dog body temperature is 99.5°-102.5°F. Moderate heat exhaustion ranges from 103°-106°. Above 106° is serious: call your vet or get to the nearest emergency center ASAP. Reaching 109° is usually fatal.

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Board/Membership Meetings

Thursday, August 4

Board 6:30pm, Membership Meeting 8:15pm @ the Barn

Tuesday, September 6

Board 6:30pm, Membership Meeting 8:15pm @ the Barn

Barn Work Days

August 11, 6pm

August 12, 10am-3pm (trial set-up)

KK9 Agility Club AKC Trial

August 13 & 14

@ the barn

For information, go to kruisinkanines.com/

SUMMER CAMP

With Chris Tucci & Kris Seiter

July 16 & 17 @ the barn

Therapy Dogs at Work

Cindy & Luke

Luke and I just finished our fifth year with Roxy Reading. Once a week we visit a 6th grade class at Jamison Elementary where students read to Luke. We usually make our way around the room first so everyone can pet Luke, and then settle on the rug where students come either in a group or one at a time to read to him.

Every year we have a couple of students who are hesitant to read out loud. Before they even begin they say they are not that good at reading. I tell them Luke loves to hear their voice and feel their hands on him, and that he doesn't understand anyway so it doesn't matter. Some are reluctant to read at all in the beginning, but I tell them that is why Luke is here and not to disappoint him. It is very rewarding to see the same students raise their hand like a bullet to read to Luke after a few weeks. The turn-around is amazing to watch. Many times students want to chat about Luke for a couple of minutes and stroke his fur. It relaxes them before they begin reading and sets the tone for a rewarding experience. Luke always enjoys the kids. He wags his tale and nudges them for more pets. After awhile he lies down on the rug, and often falls asleep.

One day while walking in the hall on my way out, a mother and young girl approached and asked if they could pet Luke. As the girl petted Luke, Mom asked me if this was Luke who visited her older daughter's 6th grade class 3 years before. The girl had kept the picture of Luke I gave her on the last day, and then gave it to her younger sister, who had it in her bedroom and recognized Luke in the hall. Mom told me her daughter often spoke of Luke and how much she enjoyed his visits and all that it meant to her. I was in awe that Luke had made such an impression on a young girl. I walked away thinking sometimes we don't know what impact we have on others. When we return this September, our first class of students will be seniors!



Bob & Marshall

Recently, Marshall attended a workshop for the Central Bucks High School teachers. The topic was stress relief for students. The Roxy Readers' president gave a short talk on the role of therapy dogs in stress relief.

As a demonstration, three dogs were brought into the room where the talk was being held. Marshall went around to all the teachers for petting, just to give the teachers an actual experience where a calm dog came into a lecture situation. The teachers had not been told that the dogs were coming, and they almost unanimously agreed that the dogs brought a feeling of calm and happiness to what had been a tedious day for them.

After the Roxy Readers' president had finished speaking, the dogs were seated in the room to listen to the speakers for the remaining half hour of the day. Most of the dogs were very obedient and sat quietly beside their handlers. Not Marshall. He got onto a chair so he could see better, then stepped up onto the table in front of him and lay down to oversee the proceedings. There were smiles and pointing from all around the room. I'm guessing it was ok, because everyone seemed to like Marshall and lots of them came to pet him when the session ended.

The offshoot of this meeting is that CB intends to expand their program to include dogs into some of their high school activities because they see real positives from having the dogs there.

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Many thanks to Cindy, Judy, Bob, Alice, and Blake for sharing their stories and their special dogs with so many people. You make your fellow Kruisers proud!

Judy & Casey

Casey is almost 7 years old now, and he is such an amazing dog. When I adopted him, I had envisioned a completely different life with Casey. Besides being born without eyes, he also had a congenital heart defect that cannot be fixed, and his prognosis was grim. I thought I would be caring for a blind, helpless, and very ill dog that would be with me for a very short time. He proved everyone wrong, and I am determined to give this little guy every opportunity I can at a fulfilling life.

Shortly after we got Casey, my mother-in law had a stroke and Casey and I spent every day at the skilled nursing facility for months. This is where I discovered Casey's special ability to sense the needs of the residents to simply cuddle alongside of them, giving warmth and assurance. He is an especially sensitive and intuitive dog who enjoys the company of people and easily adapts to just about any situation. Casey stole the hearts of staff and residents alike. When my mother-in-law would cry in frustration because she could not communicate her thoughts, Casey always knew when to go to her and kiss away the tears.

Casey's charming demeanor provides an instant connection to anyone who meets him. Casey delivers smiles, happiness, love, laughter, sunshine, and memories to countless residents, their families, and staff at several nursing homes. Everyone has their own special relationship with Casey, and he with them. Nobody remembers my name, but everyone seems to remember Casey's. Oftentimes, Casey's name is the only word spoken by some patients from week to week.

Some residents never speak, but when they see Casey there is a special glimmer in their eyes, sometimes a smile where there had been a blank emotionless stare—they may even gently pet him. These are very special moments for the family, knowing that their loved one has made this special connection with Casey.



Casey is a member of a Doggie Dancing group, composed of about six therapy dog teams that visit nursing homes. This group puts on shows for the residents at the various nursing homes. I wasn't sure if Casey could learn the moves necessary to be part of the group, but much to my surprise, he learned to do everything! Casey's fan club is always in awe. I usually carry some sort of prop with a bell on it, and Casey follows the sound to keep in line with the other dogs.

Like I said in the beginning, Casey is amazing. Perhaps we are a gift to those we meet, but everyone's positive response is their gift to us. The pleasure of our partnership is a blessing in my life, and it has been an honor to be a part of the Alliance of Therapy Dogs (formerly Therapy Dogs Inc.) for the last 5 years. What a wonderful way to share "Casey's Love" with others!

KK9 August 2016 AKC Agility Trial @ the Kruisin' Barn

August 13 & 14

Trial closes July 26

Saturday: Fast, STD, JWW. Judge, Susan Stephon

Sunday: Prem JWW, JWW, T2B, Prem STD, STD.
Judge, Kathy Rupprecht

**FOOD: NICK'S ROAST BEEF
PHILLY'S FAVORITE!!!**

Premium available at:
kruisinkanines.com



Trial Hours: Saturday & Sunday 7:00am to 7:00pm, rain or shine

Membership Meeting Minutes

Kruisin' Kanines Minutes, June 7, 2016

Location: Kruisin barn at 8:15pm

Minutes: The May meeting minutes will be approved after the addition of the Membership committee info.

President's Report (Jeanie Burton):

Thank you everyone who supported the club's UKI trial!

Treasurer's Report (Tony Luzynski):

Account balances as of 05/31/2016

Bank Accounts	31-May-16	30-Apr-16	Change
PayPal Account	\$478.00	\$	\$478.00
Univest Chk	\$16,919.52	\$34,498.20	(\$17,578.68)
Univest Sav	\$5,000.83	\$5,000.41	\$0.42
TOTAL Bank Accounts	\$22,398.35	\$39,498.61	(\$17,100.26)
Cash Accounts			
Undeposited Funds	\$1,808.00	\$	\$1,808.00
TOTAL Cash accounts	\$1,808.00	\$	\$1,808.00
Overall Total	\$24,206.35	\$39,498.61	(\$15,292.26)

AKC July Trial (Tony Luzynski):

Workers are to arrive at the barn by 6am with the first dog on the line at 7:15am.

There will be a work day on July 1 (this will replace the June 30 work day)

- The work day will start at 10am and continue until all tasks have been completed. So please come and help at any time you are available!
- We will be putting up some of the large tents that we used to use for our outdoor trials.

- The week before the trial, all crates in Ring A will be relocated.
- We will be using a generator to run the fans for the crating area so the dogs are kept comfortable.
- The landlord's landscaper may be available to mow the grass. The landlord has approved parking in the following areas: the butterfly reserve, front and corral areas.

UKI June Trial Committee (Teresa Koziatek):

There were 153 runs which included the Master's runs. We made a profit of \$1,100.00

Membership Committee (Peg Antrobus):

Joanna Fleming and Cooper (GSD) were voted in as members tonight. Welcome to Kruisin' you two! They were sponsored by Alan and Rosemary.

Website Committee (Judy Eckenrode):

- Allison Miele has volunteered to keep the club's Google calendar up to date.

- Bob Peck has volunteered to maintain the member credits spreadsheet.

Committees

Training Committee (Carole Allen, Training Director)

Session 3 (Summer session) of the 2016 training year starts the week of June 13 and will last 8 weeks. The one exception to that start date is Monday night's Fancy Handling class with Jeanie Burton, which will begin June 27.

The four classes taught by guest instructors Chris Tucci and Kris Seiter begin June 30, and will go for 4 weeks on Thursdays.

The following five classes are full:

- Foundations 1 (Dina Melendez)
- Masters and Beyond! (Jeff Abel)
- Intro to Fancy Handling (Jeanie Burton)
- Skills & Drills (Kim Sexter)
- Future Masters (guest instructor, Chris Tucci)

As of today, half our July 16/17 camp is full, taking us past the financial breakeven point. Carole will be modifying the Excellent/Masters group to allow for lesser competitively experienced dogs that have been trained through Masters with experienced handlers. Carole will contact those who have written her asking for that group to be changed.

Old Business:

- Open Agility is going well. It will continue through August.
- Reminder for demo at Fonhill on July 4. Contact Alan for more details.

New Business:

Alan needs to get 500 tennis balls to Glen Highland Farm. Please contact him if you can help.

There will be a general membership meeting at the Kruisin barn on August 4 at 8:15pm.

Crossings Animal Shelter, who we have supported with demos in several past years, has requested a demo at their annual event the weekend after our August trial. Alan and Rosemary are not available that weekend, so is there someone else who would be interested in leading this demo? Please contact Jeanie if you are interested.

Next meeting: at the barn, Wednesday, July 6, at 8:15pm

Respectfully submitted, Diane Carney, Secretary

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3. Gradually reduce body temperature by wetting with a stream of cool water, or applying cool wet towels to the neck, under the armpits, and between the hind legs. Do not leave the towels draped over the dog—move them around so body heat is not trapped. Wetting the ear flaps and paw pads with cool water also helps. You can also apply rubbing alcohol (mixed 50:50 with water) to the dog's paws to draw out some of the heat. If you near one, a stream or pond can be used to help with cooling down, but don't plunge the dog right in if it's cold water—cooling too fast causes complications, too. Avoid crating if the crate is more enclosed than open.

4. Offer small amounts of fresh, cool drinking water. Never force water into a dog's mouth because it could get into the lungs. If the dog refuses to drink, try wetting its tongue, or offer cool or room temperature beef or chicken broth (if available). Do not give ice, which can cool the core body temperature too quickly and shock the system.

5. Even if the dog has responded well to your efforts, take him or

her to your vet or an emergency center. Call ahead so they are ready for you. Heat exhaustion and heatstroke can cause internal organ damage, and your dog may need oxygen, IV fluids, and other treatments. Undiagnosed issues can be fatal.

Be aware of the temperature whether you are outside, indoors with or without air conditioning, or in the car. Do not rely on open windows or a car's air conditioner to keep your dog safe from the heat. Tragically, cars parked with the air conditioning running can overheat, too.



Elapsed Time	Outside Air Temperature (F°)					
	70	75	80	85	90	95
	Actual Temperature in Vehicle (F°)					
10 minutes	89	94	99	104	109	114
20 minutes	99	104	109	114	119	124
30 minutes	104	109	114	119	124	129
40 minutes	108	113	118	123	128	133
50 minutes	111	116	121	126	131	136

Adapted from: <http://www.dogingtonpost.com/how-to-treat-and-possibly-save-overheated-dog/> and 3 Ways to Treat Heat Stroke in Dogs - wikiHow <http://www.wikihow.com/Treat-Heat-Stroke-in-Dogs>



Upcoming Kruisin' Events

July 2016

July 16 & 17 – Summer Camp with Guest Instructors Kris Seiter & Chris Tucci

August 2016

August 4 – Board Meeting 6:30pm & Membership Meeting 8:15pm @ the Barn (Note: This is a Thursday night)

August 11 – Barn work night/trial set up, 6pm

August 12 – Barn Work Day/trial set-up, 10am-3pm

August 13 & 14 – AKC Trial at the Kruisin' barn

September 2016

September 6th – Board Meeting 6:30pm & Membership Meeting 8:15pm @ the Barn (Note: This is a Tuesday night)

September 19th - Barn work day, 6 pm

WEEKLY CLUB EVENTS 2016

Every Sunday: Run Thrus all day, unless another club event is scheduled!

Open Agility: 10am-noon, every Thursday through August

For a detailed look at all Kruisin' Classes and Events, visit www.kruisinkanines.com and

click: [Kruisin' Kanines Calendar](#)

For the Barn Use Schedule

click: [Barn Use Calendar](#)

ho·lis·tic

hō 'listik/

Adjective: PHILOSOPHY

- characterized by comprehension of the parts of something as intimately interconnected and explicable only by reference to the whole.

MEDICINE: characterized by the treatment of the whole person, taking into account mental and social factors, rather than just the physical symptoms of a disease.

By Dina Melendez

Holistic. It's a word that I have seen on packages of pet food as well as human products, and which seems to impress most people as being the equivalent of "healthy." Living or creating a holistic lifestyle may include switching to holistic "foods" or other products, but that's just the beginning.

There is a whole world of holistic modalities: homeopathy, acupuncture, acupressure, aromatherapy, Reiki, Chinese herbs, kinesiology, T-Touch, magnetic therapy, nutrition...to name just a few. The list goes on and on.

Most people seek out "holistic" products or treatments after they have experienced a change in health or a health crisis. The "state" of one's health is relative, and the term is used very loosely.

Let's look at plants, for example. There are several reasons that plants thrive: how much water and sun they get, the quality of the soil, etc. When they are not thriving, we look for "symptoms" in their leaves, assessing their color and their flowers or fruit to determine what we have to change to fix them. Sometimes it's one thing; sometimes it's multiple things we have to do to correct whatever is wrong. But looking at the "entire picture" is extremely important.

When a critical health issue arises, some people will seek out "holistic" ways to care for themselves or their loved one. My homeopath would equate this to trying to put out a house fire with a cup of water. That's harsh...but it's true. Although starting holistic modalities at that point can certainly make a difference in the quality of the patient's life, being more proactive, adapting holistic approaches before the problem(s) arise, is the best course.



When treating a patient holistically, remember you are looking at the patient as a "whole." This means that you would be aware of the physical symptoms of "dis-ease" as well as the quality of nutrition, mental state, fitness, and energetic state.

In homeopathy, for example, say two people each have a "cold." Although they may have very similar symptoms, they are individuals. They may have very subtle differences that would change the picture of the remedy—such as lying down makes the patient feel better, or the patient is thirsty, or perhaps the patient is easily agitated. This helps paint the picture for the homeopath, who looks at all factors in order to treat the patient as a "whole."

Going back to the plant analogy, if we are proactive and begin with the freshest food, water, and lifestyle, we are creating a good foundation and supporting the immune system. Adding healing modalities enriches our lives even more. Once you open the door to living, experiencing, and treating holistically, the opportunities are endless.

Considering that there are so many different holistic modalities, we are not completely limited to conventional treatments and protocols. We're lucky to live in a world where, more often now, we see doctors of all kinds actually embracing modalities that have been around for hundreds of years. The overlapping of eastern and western medicines seems to be steadily growing and will most likely be more commonplace in our future.

I have been practicing Reiki since 2007, and completed my Master Level and Master Teacher Level in 2009. I offer Reiki to both animals and people, and in the next issue, I'll explain the history of Reiki, how it's applied, and it's benefits.

We invite club members to contribute articles about the different modalities and regimens they have tried with their pets, and tell us whether they were successful, or if something else worked better. Please contact either me or Allison Walker to discuss your topic and get a deadline. There are many reasons why the Kruisin' community and their dogs have such an excellent agility track record, and how we treat and care for our dogs is a big one!

Please share your stories!

Congratulations!



Kris Bartell's dog Honky Tonk (right) and Jeanie Burton's dog River (left) were entered in the USDAA team event hosted by the NOMAD Agility club, in beautiful Stowe, Vermont, and they brought home a team Q!

Please share your successes! Email photos and details to awwalker2@gmail.com

KRUISIN' SUMMER CAMP

JULY 16 & 17

With Special Guest Instructors: Chris Tucci & Kris Seiter

Two Groups: Novice/Open for dogs with at least a qualifying score in Novice (Starters/Advanced or equivalent). Masters/International is designed specifically for the experienced handler and their up-and-coming Masters dog with big plans. Masters/International participating dogs must be proficient on all equipment and be experienced in motion-handling systems and/or OneMind Dogs. 10 teams to a group.

Working spots: \$350 for the weekend. Auditing, \$100/day. Refreshments and a catered lunch included.

NOTE: Chris and Kris are also teaching a 4-week class at the barn. See the Kruisin' website for details.

To sign up for either event, or for more info, contact Carole Allen at caroledoerrallen@gmail.com.

For general information visit www.kruisinkanines.com

Training Schedule

Mondays

7-8 pm Foundations 2 (w/Anna Burbank)
8-9 pm Fancy Handling (w/Jeanie Burton)

Tuesdays

7-8 pm Intermediate (w/Rosemary McQuate)
7-8 pm Foundations 1 (w/Dina Melendez)

Wednesdays

10-11 am Advanced (w/Konnie McCaffree)
7 to 8 pm Masters and Beyond! (w/Jeff Abel)
8-9 pm Skills and Drills (w/Kim Selter)

Thursdays

7 pm - Advanced workshops: 7/14 & 7/21 with Guest Instructors Chris Tucci and Kris Seiter

At the Barn, please remember to keep your dog on leash or crated unless it's your turn at the obstacle, sequence, or on course.

THE BOARD

President: Jeanie Burton

Vice President: Teresa Koziatek

Treasurer: Tony Luzynski

Secretary: Diane Carney

DIRECTORS:

Konnie McCaffree

Dina Melendez

Cindy Everett

Judy Eckenrode

Linda Goldman

TRAINING DIRECTOR:

Carole Allen



Kruisin' Kanines holds a General Membership meeting once a month. The Board of Directors also meets once a month. If you would like to attend either meeting, please check the Kruisin' website calendar for dates and times.